# Steps To Preventing LEAD POISONING



There are many things you can do to protect your family from lead exposure.

#### **Renovate Safely:**

Don't remodel or renovate until your home has been inspected for lead. Home repairs like sanding or scraping paint in homes built before 1978, can release lead dust.

#### Give Your Child Healthy Foods:

Foods with calcium, iron, and vitamin C may help keep lead out of the body.

### Wash Hands and Toys:

Make sure your child washes his or her hands and face after playing outside or with pets that might have lead particles from soil on their fur or paws.

## Remove All Shoes When You Enter the House:

Take your shoes off when you enter the house to prevent spreading lead-contaminated dust throughout the home.

Visit www.toledoleadsafe.com for more info.

Lead poisoning is 100% preventable!





